

**FIRST CAT  
WEDNESDAYS**

**Life &  
Grind**

**It's Midterm Time**

**Join the First-Generation College Student Community at UA**

**When: October 10th**

**Two Times, Same Program:**

**12:00pm-1:00 pm &**

**5:00pm-6:30pm**

**Where: Nugent Basement, Rm 13**

**Study Habits**



**Grade Calculation**



**Stress Relief**

**FREE SNACKS**



THE UNIVERSITY OF ARIZONA  
**Thrive Center**

**1st**  
CATS



**@uafirstcats**

**firstcats.arizona.edu**