

**Heritage Foods of the Borderlands**  
**Saturday, September 21<sup>st</sup>, 2013**  
**Instructor: Rafael de Grenade**



Please join us for a field course of Heritage Foods of the Borderlands! Our journey begins in Tucson at the San Agustín Mission Garden, follows the Santa Cruz River south (upstream) toward the border visiting the San Xavier Coop Farm, Santa Cruz Chili and Spice Company, and Avalon Gardens, up to Patagonia and the Native Seed/SEARCH Conservation Farm and ends at the Overland Trout Restaurant in Sonoita. We will be highlighting heritage foods such as the mission grape, mission fig, quince, sweet lime, pomegranate, tepary bean, Pima lima bean, and white Sonoran wheat, among others. We will be exploring cultivation, agricultural geographies, flavor and recipes, and heritage foods conservation.

**Itinerary:**

- 8:00 Meet at the Mercado San Agustín, 100 S. Avenida Del Convento and Congress St. for an introduction to the field school
- 8:30 San Agustín Mission Gardens/Tucson's Birthplace with Roger Pfeuffer
- 10:00 San Xavier Coop Farm with Ci'ena Schlaefli and Robert Soto Mayor
- 12:00 Santa Cruz Chili & Spice Company with Jean Neubauer
- 1:00 Avalon Gardens tour with heritage lunch
- 3:30 Native Seed/SEARCH Conservation Farm with Evan Sofro
- 5:00 Overland Trout Restaurant with food prepared by Greg LaPrad, local produce donated from Native Seed/SEARCH Conservation Farm, mission grape wine provided by Sonoita Vineyards, and white Sonora wheat bread by Barrio Breads
- 6:45 Arrive in Tucson

**Instructor Contact:**

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**Cost: \$150.00**

UA College of Social & Behavioral Sciences & Pima County  
Funds will be used to pay farmer stipends, food and wine. No part of this may be tax deducted.

Special thanks to our hosts and supporters: The Southwest Center, Tucson Meet Yourself, Native Seed/SEARCH, Friends of Tucson's Birthplace, Edible Baja Arizona  
& The Santa Cruz Valley Heritage Alliance