



# COVID:

## Helpful Information and Resources

For Up-To-Date University of Arizona Human Resources COVID information, please go to: <https://hr.arizona.edu/coronavirus-information>

### For All Employees, Students and DCC's:

#### 1. Face Coverings maybe Required based on Vaccination Status:

- a. **Not Vaccinated:** Employees, students, and visitors must use face coverings in all UArizona locations, both indoors and outdoors, in accordance with [UArizona's Administrative Directive](#) if you are NOT vaccinated. Face coverings are not a substitute for physical distancing, which should remain the primary means of preventing transmission.
- b. **Vaccinated:** Once fully vaccinated, two weeks after receiving the 2<sup>nd</sup> dose of two-dose vaccine or two weeks after single-dose vaccine, you can participate in indoor and outdoor activities without wearing a mask or physically distancing, except for when you are at the following locations:
  - i. In any indoor classroom or other group instructional setting and in any University library
  - ii. In a CatTran or any other public transportation provided by the University
  - iii. In any University operated or affiliated building or facility where patients are seen, including Campus Health and Banner University Medical Center buildings
  - iv. At the University of Arizona state of Arizona Vaccine Point of Distribution (POD)
  - v. At sites operated by other institutions that require use of face coverings
- c. For more information and requirements: <https://covid19.arizona.edu/reentry-plan/return-workspaces/face-coverings>

#### 2. **Wildcat Wellness Check -Required-:** Wildcat WellCheck screens employees and students before they are on campus or in class.

- a. You will need to sign-up for this program, there are no apps or log-ins. You will set-up a time with the application and you will receive a text to complete a Wellness Check each morning.

- b. To sign-up: Text JOIN to 1-833-339-0504
  - c. For more information: <https://wellcheck.arizona.edu/>
3. **Free and required COVID-19 PCR testing:** The COVID-19 PCR Saline Gargle (SG) test that UArizona is using is a PCR test that checks to see if you are infected with the coronavirus. The test itself is quick and uses a saline (saltwater) solution to swish and gargle in your mouth and throat for 45 seconds.
- a. All Employees and Students who will be working on the Tucson Main Campus (including UAHS) at least once a week are required to complete a weekly PCR test.
    - i. To sign up: <http://testing.wellcheck.arizona.edu/>
      - 1. You will need to log-in through WebAuth
  - b. DCC's who are spending time on-campus or interacting with students and/or employees are strongly encouraged to test regularly and may be eligible.
    - i. To sign up: <http://testing.wellcheck.arizona.edu/dcc>
  - c. For more information on COVID-19 testing: <https://covid19.arizona.edu/covid19-testing>
  - d. To watch a 1-minute video demonstration of the PCR Saline Gargle test: <https://youtu.be/jnzUOsDo4yE>
  - e. If you are vaccinated, you may receive an exemption to the mandatory COVID-19 PCR Testing two weeks after receiving your second/final dose of the vaccine. Follow the instructions to upload your vaccine document to the secure, *HIPAA-compliant Campus Health system*: <https://patientlink.health.arizona.edu/home.aspx>
    - i. For step-by-step instructions: <https://health.arizona.edu/covid-19-vaccine-document-upload>
4. **COVID Watch Arizona App:** This is an app to Download on your phone. This will then send you an alert if you were potentially exposed to anyone who reports a Positive test for COVID.
- a. Instead of tracking your location or storing personal information, COVID Watch Arizona uses random and anonymous numbers that are exchanged over secure Bluetooth signals to determine the proximity and contact duration of smartphones that have COVID Watch Arizona installed.
  - b. How long and how close in proximity app users are when they come into contact will determine their potential exposure levels. COVID Watch Arizona users can access their risk level in their app dashboard, and receive guidance on what to do next, at any time.
  - c. For more information and to download: <https://covid19.arizona.edu/covidwatch>
  - d. COVID Watch FAQ's: <https://covid19.arizona.edu/covidwatch-faq>

## Supervisors:

- 1) **Positive Case Protocol:** Required processes if one of your employees or Designated Campus Colleagues (DCCs) who is physically working onsite experiences a positive case of COVID-19.
  - a. These protocols must be initiated immediately on learning of a positive case.
  - b. There are three Protocols depending on the situation:
    - i. Positive Test
    - ii. Experiencing Symptoms
    - iii. Close contact with someone who tests Positive
  - c. For all protocols go to: <https://hr.arizona.edu/content/covid-19-positive-case-notification-protocol>
    - i. For additional assistance, HR COVID Response group: [HR-COVID19-Questions@email.arizona.edu](mailto:HR-COVID19-Questions@email.arizona.edu)
- 2) **Physical Return to Work:** Requirements in order to return to work if your employee/DCC is exposed, positive test, or symptoms of COVID:
  - a. If an employee/DCC is exposed to someone who tests positive but experiences no symptoms: Employee/DCC's may return to a physical worksite after 14 days of fever- and symptom-free quarantine.
  - b. If an employee/DCC tests positive but experiences no symptoms: Employee/DCC's may return to a physical worksite after 10 days of fever- and symptom-free isolation.
  - c. If an employee/DCC experiences symptoms, regardless of test results: Employee/DCC's may return to a physical worksite when all of the following are true-
    - i. They are fever-free for 24 hours (1 full day) without fever-reducing medication.
    - ii. All other symptoms are no longer present.
    - iii. At least 10 days have passed since symptoms first appeared.
- 3) **Supervisor Guidance help:** resources for managing your team through COVID, Furlough, etc.
  - a. Re-Prioritize, Re-Assess, Re-Launch: <https://hr.arizona.edu/FY-2020-2021-Furlough-Program/Supervisors-Guidance>
  - b. On-Demand Webinar Recordings: <https://hr.arizona.edu/content/supervisors-demand-guidance-hub>

## Additional Resources:

- Return to Workplace for Employees: <https://covid19.arizona.edu/reentry-plan/return-workspaces>
- Return to Workplace for Supervisors: <https://hr.arizona.edu/content/return-workspaces-employees>
- University of Arizona Central COVID page: <https://covid19.arizona.edu/>
- COVID-19 updates: <https://covid19.arizona.edu/updates>
- CDC COVID information: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- Face covering Compliance: <https://hr.arizona.edu/content/employee-expectations-compliance-processes-use-face-coverings>
- Families First Coronavirus Response Act (FFCRA): <https://hr.arizona.edu/content/families-first-coronavirus-response-act-ffcra>
- Support for Parents: <https://lifework.arizona.edu/for-parents>
- Remote Work Guidelines: <https://hr.arizona.edu/content/Remote-Flexible-Work-Guidelines>

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