



# Precision Wellness INITIATIVE

Revolutionizing personalized disease prevention and wellness through transformative research in evolution, genomics, metabolomics, and lifestyles.

The **Mission** of the Precision Wellness Initiative (PWI) at UA is to bring together and integrate scientific communities around research, next-generation technology, personalized nutrition and lifestyle to optimize the state of health for every individual.

Sponsored by the BIO5 Institute, the **PWI Symposium Series** shares perspectives from internationally-recognized scientists, with discussions from a local panel of expert researchers.

*Wine and Cheese served.*



**Dr. Rasmus Nielsen**  
UC Berkeley  
Human Adaptation to  
Extreme Environments  
March 6, 2019



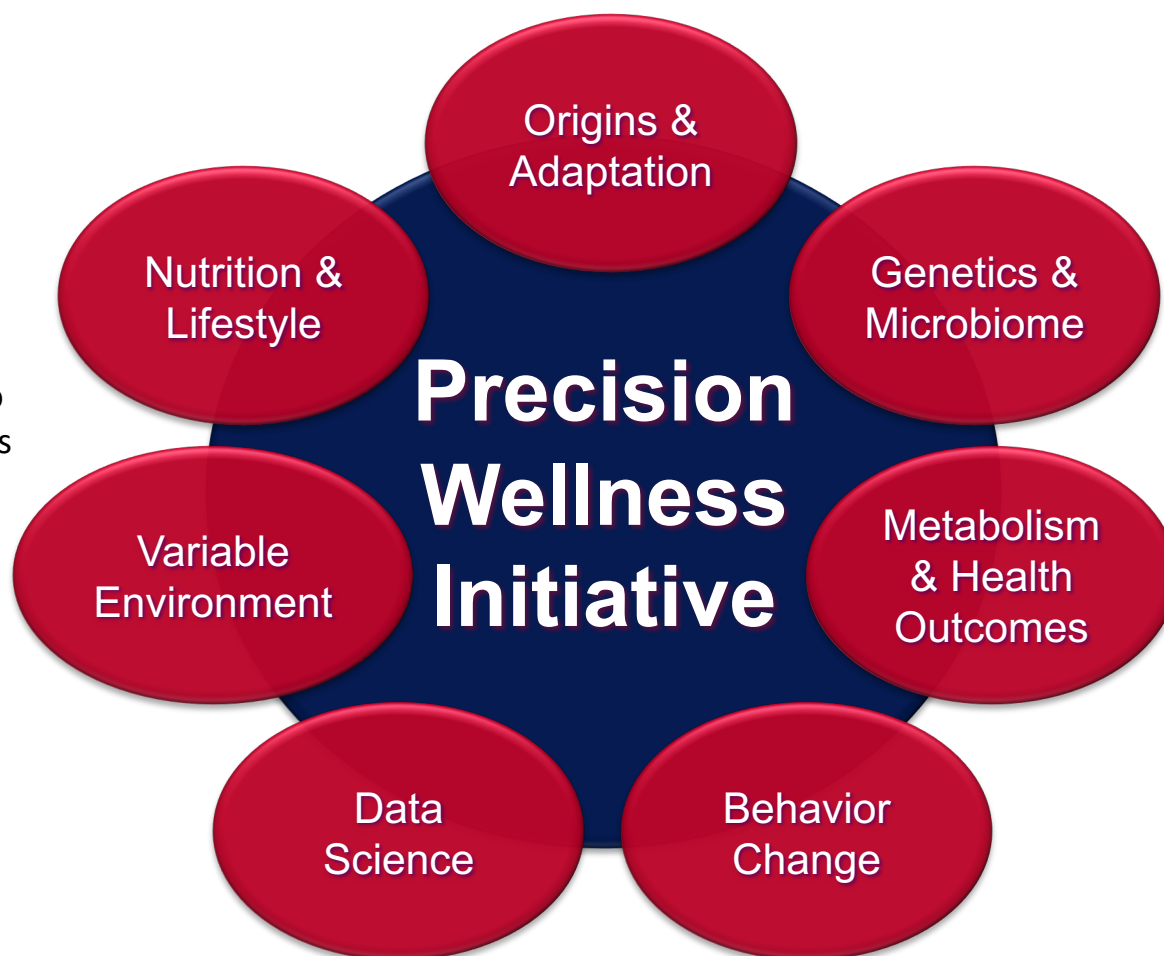
**Dr. Randy Nesse**  
Arizona State University  
Evolutionary Medicine  
May 3, 2019



**Dr. Herman Pontzer**  
Duke University  
The Exercise Paradox  
April 24, 2019



**Dr. Heather Patrick**  
VP, Carrot  
Why/How Humans Change  
September 18, 2019



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