



THE UNIVERSITY OF ARIZONA  
COLLEGE OF AGRICULTURE & LIFE SCIENCES  
**Nutritional Sciences  
& Wellness**

**Please join us for a NSW Director Candidate Seminar  
Monday, May 8, 2023 at 3:00PM in ENR2 room S210**

*Or Join via Zoom Meeting:*

<https://arizona.zoom.us/j/83828163411?pwd=SE0zWWdUckY2ay9PVnFqQXdvVFppdz09>

*Password: 101881*

## **Leading the School of NSW for Healthier Arizona and Beyond**



Presented by:

**Stavros A. Kavouras, PhD, FACSM, FECSS**

Professor of Nutrition

Assistant Dean of Graduate Education

College of Health Solutions, Arizona State University

Dr. Kavouras is a Professor of Nutrition and Assistant Dean of graduate education for the College of Health Solutions at Arizona State University. He oversees 20 graduate programs (MS & PhD) that serve 1,100 students for on-campus and fully online degrees and work closely with the Graduate College in University-wide initiatives. He is the co-chair of the Justice, Equity, Diversity, and Inclusion Council for the College of Health Solutions, and he is involved in various diversity initiatives at the national level.

He is the founding director of the Hydration Science Lab, which studies how water intake impacts health and performance. Dr. Kavouras is one of the top 2% of the world's most cited scientists, the author of more than 160 peer review articles, cited more than 10,700 times (h-index 55), and lectured in 29 countries. His current research focuses on hydration and glucose regulation, fluid composition for optimizing hydration, and children's hydration.

He is the Editor-in-chief of the Hydration section for Nutrients, a section editor of the European Journal of Nutrition, and associate editor of Frontiers in Nutrition. Professor Kavouras is a fellow of the American College of Sports Medicine and the European College of Sports Science and an elected member of the American Society of Nutrition, the Obesity Society, and the American Physiological Society.