

CALS Learning Lab:

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You've got this. We've got you!

Shawnda Garcia, CALS Learning Coach, works with CALS students to develop success goals, build skill with proven academic strategies and help learners learn better.

No cost academic support for all CALS learners

“CALS Learning Lab helped me to be more organized, manage my time better, plan out my week ahead of time, take better notes and even be able to understand my notes afterwards, and have more confidence in interacting with my professors.”

- » Time management
- » Exam prep
- » Organizing course material
- » Note taking strategies



Scan to schedule an appointment with Shawnda



cals.arizona.edu/learning-lab