



CAAHEC PRESENTS

# COVID-19 AND VACCINE HESITANCY: HOW CAN MI HELP?

WITH MARY DILLON, MA (MINT 2008)

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**APRIL 08, 2021 | 4-6 PM**

**VIRTUAL | CME & CEU ARE BEING REQUESTED**

In this 2-hour workshop you will learn how to use motivational interviewing (MI) to help people who are struggling with the decision to take the COVID-19 vaccine. Motivational interviewing is a counseling approach that provides processes and skills to effectively engage and discuss with patient's their hesitancy to take the vaccine in a way that reduces defensiveness. This session is taught by Mary Dillon who holds a master's degree in Clinical Psychology and has counseling experience that includes working in inpatient, community outpatient, addiction treatment settings and private practice.

