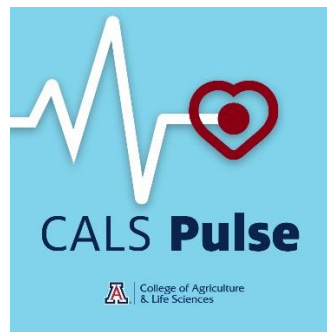




## CALS Pulse Results Fall 2020

*\*Updated September 25, 2020*



CALS Pulse is designed for two purposes:

- 1) Answer burning questions about students during this unprecedented Fall 2020 semester, and
- 2) Provide personalized resources and outreach to students quickly – ideally leading to an increase in student wellbeing, access to resources, and retention.

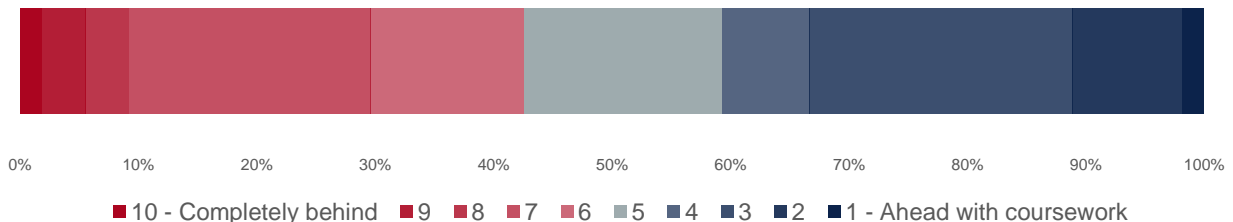
Quick surveys will be sent to students weekly through email, social media, and shares from faculty and staff. The first CALS Pulse survey was sent to students during the second week of courses.

Questions, ideas, and suggestions can be sent to [Danielle Flink](#), Student Success and Retention Specialist.

### Week 5 – Time Management, Instruction, and Stress

**57 Responses** – All undergraduate students, new and returning students from 14 different majors. New students have a higher response rate.

How would you rate yourself on your ability to keep up with your coursework this semester?



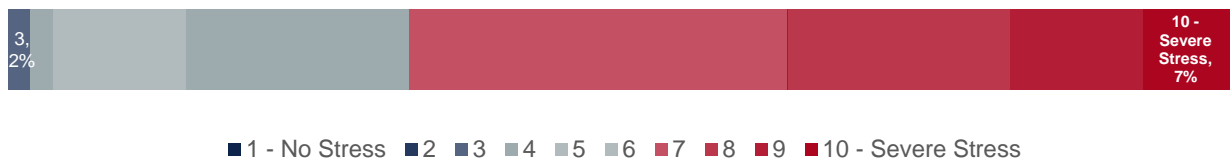
Students report that their **instructors are accessible** under the current conditions, with 35% saying they are very accessible. Further, two-thirds of students are **comfortable reaching out to instructors for guidance**.

To assess common course struggles, students were asked if they are taking any math, chemistry, or writing intensive courses:

- Of the 40% of responding students taking **math** this semester, **74% are confident** in their ability to do well.
- Of the 28% of responding students taking **chemistry** this semester, **75% are confident** in their ability to do well.
- Of the 32% of responding students taking one or more **writing intensive** course this semester, **90% students are confident** in their ability to do well.

Despite overall stress levels looking like the previous week, fewer students (17% vs. 38%) requested to be connected to Life Management Counseling. This may be due to exams and assignments as we near the midpoint of the semester.

### Stress levels in the past two weeks



### Week 4 Results – Career Fair and Stress

**32 Responses** – All undergraduate students, new and returning students from 11 different majors. New students have a higher response rate.

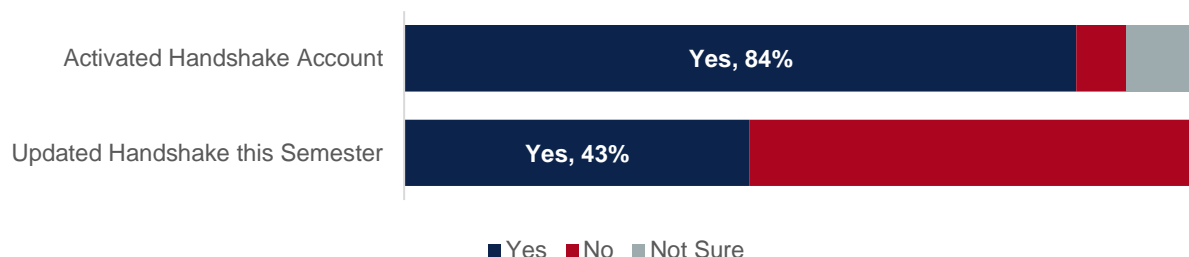
**Do you have a resume or CV ready to apply for internships, jobs, research, volunteer, etc.?**



Nearly **41% of students have applied for positions**.

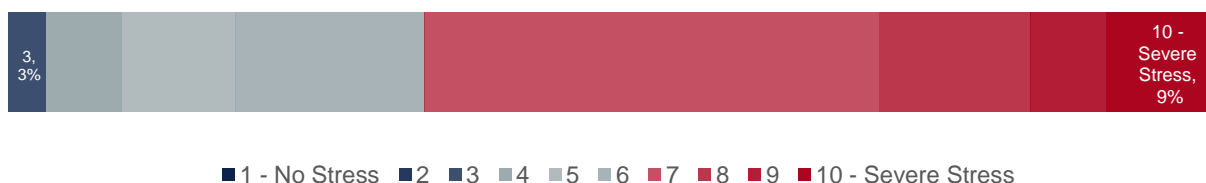
Nearly **two-thirds** of students **know where to RSVP** for Career Center events and **16% have RSVP'd** for the September 22<sup>nd</sup> Career Fair with an additional **47% planning to RSVP**.

### Handshake Account Usage



Students were also asked about their stress levels. Institutional assessments such as Wildcat Well-check have shown student mental and emotional health to be a top concern. Students who ranked themselves with a stress level of 5 or above were asked if they would like to receive a consultation from the CALS Life Management Counselor. **38% of students indicated wanting follow-up.**

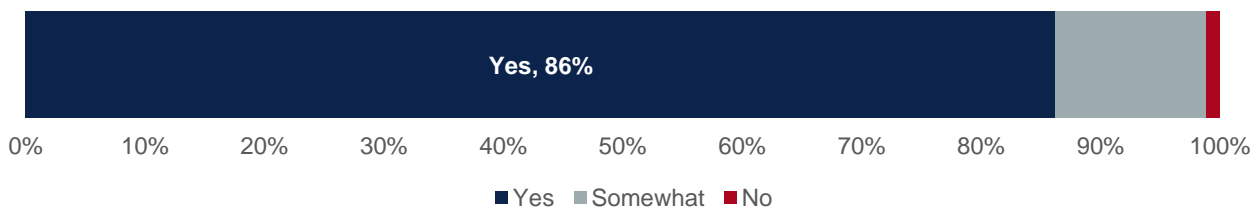
### Stress levels in the past two weeks



### Week 3 Results – Technology Barriers and Course Modalities

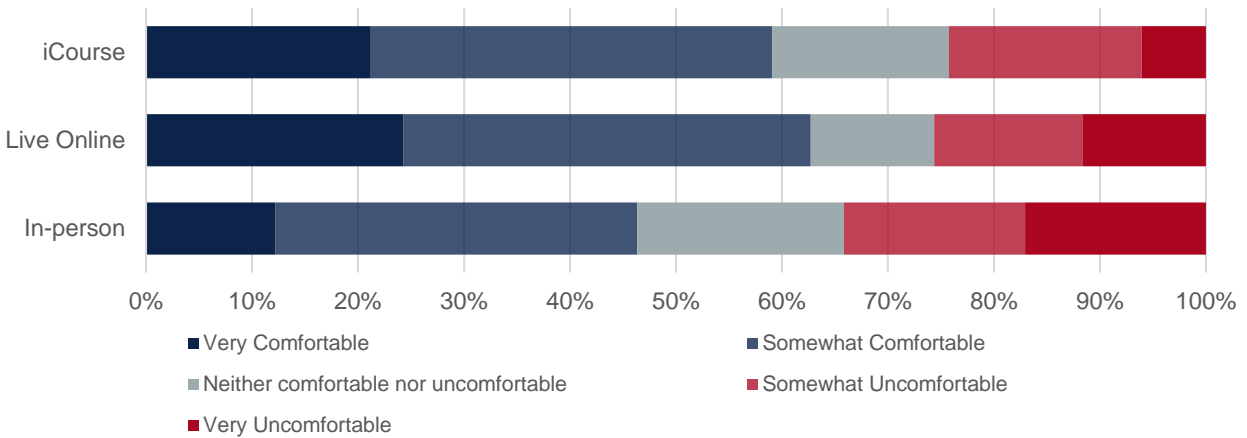
**93 Responses** – All undergraduate students, new and returning students from 16 different majors. New students have a higher response rate.

**Do you have all the technology and equipment needed for your courses to be successful?**



Students with technology and equipment barriers are experiencing **WiFi access and reliability issues most commonly**, followed by needing specific hardware and/or software for their courses. Laptop or desktop computers are the devices students use most often to attend class, however, **nearly 30% of students say that they regularly attend class using their phone.** On average, students are using 1.6 different types of devices to attend class. Most students are navigating two different course modalities, with 5% navigating all three.

## What is your comfort level with each of your course modalities?



### Week 2 Results – Connection and Basic Needs

**17 Responses** – All undergraduate students, new and returning students from 9 different majors. New students have a higher response rate.

- **35%** of students **do not plan to go on campus** this semester
- **18%** of students **work on campus**
- All students responding report their basic needs (food/housing) are currently being met

**I feel part of the University of Arizona community.**



### Upcoming Topics:

- Wellbeing
- Sense of belonging
- Retention

Please connect with [Danielle Flink](#) to get your burning questions answered.