



THE UNIVERSITY
OF ARIZONA

Healthy Campus SUMMIT

September 24-28, 2018

healthiestcampus.arizona.edu/campus-summit

Monday 24th

- ▶ 11:30a UA Resource Fair, Health Sciences Complex Drachman Walkway
Pet Partners, Health Sciences Peer Support Program, Doc-appella,
Survivor Advocates, *Student Flu Shots Available*
- ▶ 6-7:15p Navigating Relationships, Apache Santa Cruz Lounge
Workshop exploring positive self-love, empathy, understanding, connection
and communication skills

Tuesday 25th

- ▶ 3p plantEd Culinary Workshop, SUMC, Culinary Studio
Exploring Coffee & Teas

Wednesday 26th

- ▶ 5p Centering at Sunset Yoga, UA Mall
Raffle Prizes (lululemon, CREC yoga mats, Group Fitness passes)
lululemon will be giving away products
- ▶ 4:30p Stressbusters

Thursday 27th

- ▶ 5p Light the Night, UA Bike Valet Tent, UA Mall
Bike Light Giveaways, Campus Rec Bike Repairs

Friday 28th

- ▶ 11a-1p 2nd Annual Healthy Campus Expo, SUMC, South Ballroom
Food samples, giveaways, educational poster presentations, and healthy
demonstrations. Flu shots for Faculty/Staff and Students will be available.
- ▶ 8p Glow Sports, Student Recreation Center



#HealthiestCampus

