

Please Join Us

Professional Empowerment Workshop Series

Brought to you by the College of Agriculture and Life Sciences Diversity and Inclusiveness Committee in Collaboration with the Office for Diversity and Inclusive Excellence, UAHS Office of Diversity and Inclusion, Native Faculty, CALS Staff Council and CALS Appointed Professionals Council

LUNCH PROVIDED

SEPTEMBER 13, Preparing Your "A" Game: Resume Reviews and Mock Interviews

11:00am-1:00pm, ENR2 S107

Participants will bring a printed copy of their current drafted resumes and curriculum vitae to the workshop with them and will receive feedback and recommendations from experienced reviewers on their documents. They will also have an opportunity to participate in a mock interview with the facilitators and gain insight and feedback on their answers and performance. *Facilitated by Heather Roberts-Wrenn, PHR, SHRM-CP, Assistant Director, Organizational Effectiveness Division of Agriculture, Life and Veterinary Sciences, and Cooperative Extension* **RSVP HERE: <https://tinyurl.com/ybz8kjeh>**

OCTOBER 11, Effective Mentoring

11:00am-1:00pm, SUMC, Sonora Room

Participants will learn some of the curriculum from NRMN in creating a more skilled and effective mentoring relationship. You will be provided with a toolbox of strategies to use in creating effective mentoring relationships with your mentors and mentees including learning about your Communication Styles, establishing a Mentoring Agreement and creating an Initialized Academic Plan. Participants will gain knowledge and skills to identify roles mentors and mentees play in the overall professional development and effectiveness of their mentoring relationship, how to accommodate styles that differ from their own which enhances the diversity and vibrancy of their environments and community, develop strategies for guiding professional development, initiate and sustain periodic mentoring conversations, increase understanding of equity and inclusion and their influence on mentor-mentee interactions. *Lydia Kennedy, Director, UAHS Office of Diversity and Inclusion, is also a certified facilitator with The National Research Mentoring Network (NRMN) from UW-Madison.*

RSVP HERE: <https://tinyurl.com/yd8yghwk>

NOVEMBER 8, Public Speaking Tips: How to Tell Your Story with Style

11:00am-1:00pm, SUMC, Sonora Room

We'll break the ice with some public speaking games and hear a personal story. Afterwards, we'll deconstruct how our speaker wrote the story and prepared to share it. Participants will be given writing prompts to draft their own personal stories. We'll review general public speaking tips and Toastmaster style critiques (including recommendations for body language, eye contact and speech organization). After some de-stress warm ups for public speaking participants will be given an opportunity to share their story with the group. Finally, we'll share information about joining UA Toastmasters. *Facilitated by Courtney Coffey, Ph.D., Coordinator, Grants & Contracts*

RSVP HERE: <https://tinyurl.com/y8jorufg>

This 6 workshop series will run throughout the 2018-2019 academic year. The goal of the series is to provide targeted professional development opportunities in support of career-track faculty and staff from diverse backgrounds. The topics featured in this series were developed with extensive stakeholder input in June 2018. Lunch will be provided at all events so an RSVP is required.