

WORKSHOP WEDNESDAYS

ACADEMIC SKILLS WORKSHOPS Spring 2016

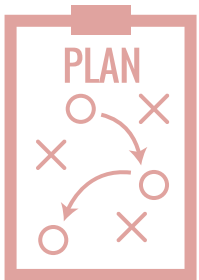
5:00-6:00 p.m. in Bear Down Gym



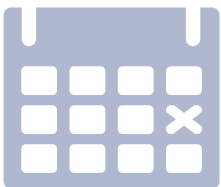
- Jan 20th College Success Strategies
- Jan 27th Time Management: How to Avoid Procrastination and Manage Time Wisely



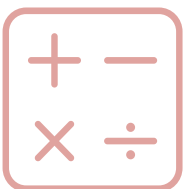
- Feb 3rd Time Management: How to Avoid Procrastination and Manage Time Wisely
- Feb 10th Strategies for Success in Online Classes
- Feb 17th Note Taking & Strategies for Reading



- Feb 24th Surviving and Thriving in Math
- Mar 2nd Test Prep and Test Taking Strategies
- Mar 9th Tackle Your Test Anxiety: Presented in partnership with CAPS
- Mar 23rd Learning How You Learn: Multiple Intelligences and Your Learning Style



- Mar 30th Time Management: How to Avoid Procrastination and Manage Time Wisely
- Apr 6th Note Taking and Strategies for Reading



- Apr 13th Overcoming Stage Fright: Tips for Public Speaking and Presenting
- Apr 20th Preparing for Final Exams
- Apr 27th Tackle Your Test Anxiety: Presented in partnership with CAPS
- May 4th Preparing for Final Exams