

CALS 195C ADVISING APPOINTMENT WORKSHEET

Name: _____ Major: _____ Appointment Date and Time: _____

Goals: Having a goal in mind makes it easier for you to define success.

What are your plans for the future once your degree is complete? _____

What resources have you used in order to learn more about your career/educational goals? _____

Are you interested in completing a research/internship/study abroad program? _____

Assess Your Academic Progress: Make good academic decisions by identifying your strengths and weaknesses. Think about your academic performance this semester. What are you most proud of so far? What are you most disappointed in? How do you plan to continue/improve your academic habits this semester and into next semester?

I have used the following academic resources/strategies this semester: (Check all that apply)

- Studied with friends/classmates
- Asked questions before/during/after class
- Took notes in class and reviewed them regularly
- Utilized the ThinkTank Tutoring Center
- Visited my professors/TAs during office hours
- Emailed my professors/TAs with questions

Assess Your Time Commitments: Successful students manage their time well.

What are you current volunteer and extracurricular activities, if any?

Are you presently employed and/or have family responsibilities? How many hours a week? _____

Are you a commuter student? If so, how long is your commute? _____

Next semester, I will: (check all that apply)

- Commute (___ hours per week)
- Work (___ hours per week)
- Family Responsibilities (___ hours per week)
- Extracurricular Activities (___ hours per week)

Additional Questions, Comments, and Concerns:

Advisor's Comments and Recommendations:

Advisor's Signature: _____ **Date:** _____