

WORKSHOP WEDNESDAYS!

ACADEMIC SKILLS WORKSHOPS—FALL 2014

5:00-6:00 p.m. Bear Down Gym

Aug 27th – College Survival 101: How to Get a Great Start Academically

Sept 3th – Time Management: How to Avoid Procrastination and Manage Time Wisely

Sept 10th – Strategies for Success in Online Classes

Sept 17th – Note Taking & Strategies for Reading

Sept 24th – Surviving and Thriving in Math

Oct 1nd – Test Prep and Test Taking Strategies

Oct 8th – Tackle Your Test Anxiety: Presented in partnership with CAPS



Oct 15th – Learning How You Learn: Multiple Intelligences and Your Learning Style

Oct 22nd – Time Management: How to Avoid Procrastination and Manage Time Wisely

Oct 29th – Note Taking and Strategies for Reading

Nov 5th – Overcoming Stage Fright: Tips for Public Speaking and Presenting

Nov 12th – Surviving and Thriving in Math

Nov 19th – Preparing for Final Exams

Dec 3th – Tackle Your Test Anxiety: Presented in partnership with CAPS



Dec 10th – Preparing for Final Exams

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Bear Down Gym
Campus Rec Center
Manzanita-Mohave
Park Student Union

